

PROCLAMATION GYMNASTICS DAY SEPTEMBER 12, 2009

WHEREAS, USA Gymnastics and its member clubs across the nation annually celebrate National Gymnastics Day to showcase the sport of gymnastics and to encourage and promote physical fitness among our youth; and

WHEREAS, gymnastics provides a great foundation for building strength, flexibility and fitness, while enhancing self-esteem and goal-setting abilities; and

WHEREAS, National Gymnastics Day seeks to promote the value of physical fitness and good nutrition for everyone, regardless of age, gender and ability level; and

WHEREAS, on this day, gymnastics clubs across the state will partner with USA Gymnastics to heighten visibility of the sport and encourage participation at the grassroots level, as well as promote physical activity for our youth; and

WHEREAS, National Gymnastics Day aims to serve the greater community good by raising funds for the Children's Miracle Network to provide comfort and assistance to children in need; and

WHEREAS, it is important for all of us to encourage greatness and achievement in our young people.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim September 12, 2009, **GYMNASTICS DAY** in the state of North Dakota.

John Hoeven

ATTEST:

Alvin A. Jaeger Secretary of State

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